- Two paper cups
- ScissorsSticky tape
- Old newspaperFlourWater
- Paint Paintbrush Plastic bag Rubber bandMixing bowl

String PVA glue

Your mates will soon be dancing to your rockin' rhythms with this cool West African drum...



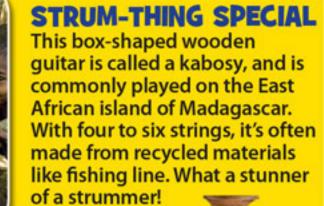
Cut the bottoms out of the cups, then tape the two ends together. Mix a cup of flour with two cups of water and a squirt of glue to make a papier-mâché paste. Tear the newspaper into strips.



Now, paint a layer of the paste onto the cups. Next, dip the newspaper strips into the paste, then stick them over the cups until they're both totally covered.



out these incredible instruments...





JIG TO THE JUG!

MAKING MUSIC

Africa is a huge continent with many

different musical traditions. Check

The udu is an African drum invented by the Igbo people of Nigeria. It's actually a water jug with an extra hole, and is traditionally played by women during important ceremonies. Wat-er wicked idea!



This jug is great for jiving along to!



When the papier-mâché has dried, paint the cups white so that the newspaper doesn't show through. When that's dry, start decorating your drum - be as creative as you can!



Cut a circle out of the plastic bag, stretch it over the top of one end of the cups (this will be the top of the drum), and use the rubber band to hold it in place. Next, trim off the extra plastic around the edges.





FAST FINGERS

A traditional instrument played by the Shona people of Zimbabwe, this wooden board with metal keys attached is called a mbira. Musicians pluck the keys with their thumbs and forefingers. It rocks!

PERFECT PIPES

Similar to the Scottish bagpipes, the mizwad is played in Tunisia. The player blows into the animal skin bag, and the sound is made as the air comes out of two cow horns at the bottom. What sweet moo-sic!

African-style bagpipes!

Why not make some shakers from containers with rice inside, and then invite mates round and start an African band?!

The average number of licks to polish off one scoop of ice-cream is about 50...